

Woven Valentine Heart

From Kromski North America

Happy Valentines Day!



A handmade gift says “I Love You” in all the right ways. You can make this sweet woven heart for your Valentine by following the instructions below.

It may look confusing at first (love always does, right?) but it’s really quite simple using the provided template.

To make this heart even more special, the yarn was hand spun! We used a Kromski Valentine Wool Variety Pack. This pack includes one ounce each of White Milled rice, Fuchsia, Bright Pink and Medium Red. The Medium Red is featured in the instructional photos.

We spun it to a worsted/Aaron weight on the stylish [Black Fantasia](#) and got more than enough yarn to make several hearts of each color.

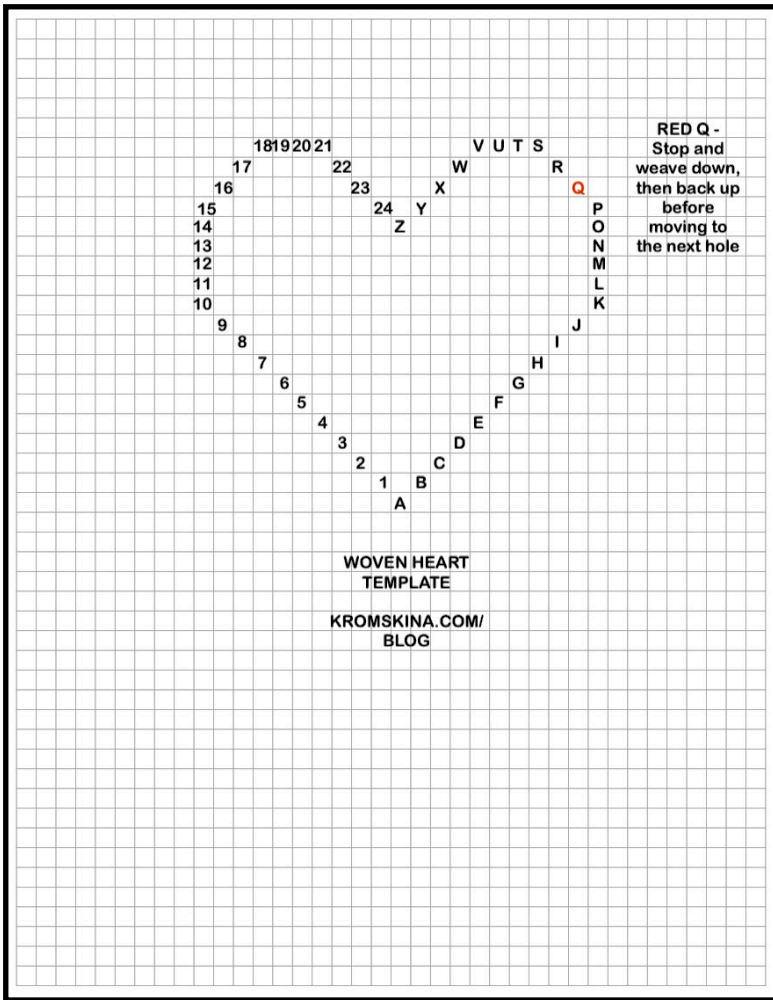
This can be done on fabric or plastic canvas. The fabric will need to be hooped in a 6-7” embroidery hoop. Hoop 2 pieces of fabric together for added stability.

If using Fabric: Print out the template on card stock. Use an awl or other sharp object to poke holes in the letters on the heart and then transfer the image to the fabric with a pencil.

Then hoop the fabrics together and use the awl to poke holes in the fabric.

If you choose to do the plastic canvas, you can skip the above step and simply count the squares as you follow along with the diagram.

The finished heart will be smaller than the diagram due to the hole size on the canvas. Start with 8 yards of yarn.



Begin at A. Bring the yarn through, leaving a tail to be woven in later.

Carry the yarn to B and go down through the fabric, Then over and up through 1.

Bring the yarn back down through B so that the weft (the horizontal yarn) is on both the front and the back.

Next bring the yarn up through C. Down 2. Up C.

Down D, up 3, down D.

Up E, down 4, up E

Down F, up 5, down F

Up G, down 6, Up G

Down H, up 7, down H

Up I, down 8, up I

Down J, up 9, down J

Up K, down 10, up K

Down L, up 11, down L

Up M, down 12, up M

Down N, up 13, down N

Up O, down 14, up O - ignore the Z hole for now.

Here is where it changes:

Down P, up Y, down P - this starts the 1st half of the heart top.

Up Q. Weave down through the “weft” (horizontal threads) and go down through J. Then weave back up on the back side of the fabric and come back up through Q again.

Next go across and down X and then back up Q.

Down R and weave to I. Come up I and weave back to R and down through R.

Go across to W and up. Back to R and down.

Up S, weave to H and down, weave to S and up.

Across to V and down. Back up S

Down T. Weave to G, up and weave back to T and down.

Up U, Weave to F and down, weave up to U and up.

Down V, weave to E and up. Weave to V and down.

Up W, weave to D, weave back to W and up.

Down X, weave to C, weave back to X and down.

Up Y, weave to B, weave back to Y and up.

Down Z, weave to A, weave back and down Z.

This marks the center of the heart. The other side is done in the same way.

Come up 24, weave to 1, weave back to 24 and up.
Go across to 15 and back to 24 before moving to 23.
Continue this way until the last weave on 16.

On fabric, all that is left is to hide the yarn ends by weaving them in and trim the fabric from the hoop. Hang it in a window so that both sides can be seen!

If you are using the plastic canvas, you have a bit more to do.

Trim carefully around the heart. Then wrap the edges with stitches to hide them. This makes a fun key chain for you or your Valentine.

Visit

<https://www.youtube.com@KromskiNorthAmerica>

For a short video featuring the process.